

Diabetes Case Studies

Antepartum

Higher Risk

Patient	Janine is a 32 year old with Type 1 DM, poorly controlled with Lantus and Humalog. She presents with a complaint of not feeling well since last night, pressure and discomfort in the upper right abdomen, nausea.
Current Pregnancy	G 1 P 0 at 28 weeks
History of Present Illness	<ul style="list-style-type: none"> • Proteinuria of 2+ and 3+ protein during antenatal visits • Polyhydramnios • States fasting blood sugar on fingerstick was 300 this morning
EFM	<ul style="list-style-type: none"> • Variability--moderate • Baseline—140 bpm • Accelerations—absent • Decelerations—absent • Toco—no contractions
Vital signs	Time: 0900 <ul style="list-style-type: none"> • T 37 C • HR 83 • RR 16 • BP 134/85
<p>a) What are your questions for this patient?</p> <p>b) What are your priorities for care?</p> <p>c) What is your plan for next steps in care?</p> <p>d) What orders can you anticipate?</p>	

e) What findings or changes would make your worry?

f) What findings would make you call the provider immediately?

g) What findings could wait until the provider makes rounds?