

Diabetes Case Studies

Antepartum

Lower risk

Patient	Marisa, a 25-year-old G2 P1 with Gestational Diabetes Mellitus previously treated with oral medications
Current Pregnancy	30 weeks 2 days
Chief complaint	She was admitted yesterday for regulation of blood sugars with insulin. Blood sugars were 200 on admission, which was 2 hours after her lunch. It is now 30 minutes after she had her insulin injection and her supper tray hasn't yet arrived. She puts her call light on and says she isn't feeling well, feels shaky and sweaty.
Past Medical Hx	Treated for pre-eclampsia with previous pregnancy. Previous cesarean section for breech.
Current pertinent medications	Insulin doses: <ul style="list-style-type: none"> ○ Before breakfast – 15 units Lispro, 30 units NPH ○ Before lunch – 10 units Lispro ○ Before bed – 11 units NPH
Vital signs	Time: 1700 <ul style="list-style-type: none"> • T 37.2 • HR 106 • RR 18 • BP 140/88
EFM	Variability: Moderate Variability 6-25 bpm Baseline: normal, 150 bpm Accelerations: present Decelerations: Absent and occasional small Variables Tocodynamometer: no contractions
<p>a) What do you anticipate as the problem?</p> <p>b) What are your priorities for care?</p> <p>c) What is your plan for next steps in care?</p>	

d) What orders can you anticipate?

e) What findings or changes would make your worry?

f) What findings would make you call the provider immediately?

g) What findings could wait until the provider makes rounds?