

Diabetes Case Studies

Post Partum

Higher Risk

Patient	Janine is a 32 year old with Type 1 DM, poorly controlled with NPH and Lispro. Last weight at the doctor's office was 295# a week ago. She delivered yesterday after an oxytocin induction for rising blood pressures.
Current Pregnancy	G 2 P 2 at 37 weeks
History of Present Illness	<ul style="list-style-type: none"> • Proteinuria of 2+ and 3+ protein during antenatal visits • Polyhydramnios
Current pertinent medications	Patient's insulin doses have been changed since delivery. The doctor has ordered the following Insulin doses: <ul style="list-style-type: none"> ○ Before breakfast – 10 units Lispro, 20 units NPH ○ Before lunch – 10 units Lispro ○ Before bed – 8 units NPH
Vital signs	Time: 0800 <ul style="list-style-type: none"> • T 37 C • HR 83 • RR 16 • BP 134/85
CBG	Fasting CBG this morning is 140
Nursing care	<ul style="list-style-type: none"> • Goal: Maintain blood sugar between 70-120 mg/dL
<p>a) What are your priorities for care?</p> <p>b) What is your plan for next steps in care?</p> <p>e) What findings or changes would make your worry and why?</p> <p>f) What findings would make you call the provider immediately?</p>	
Newborn Care	<ul style="list-style-type: none"> • Continue hypoglycemia protocol