Diabetes Case Studies
Post Partum
Lower Risk

Patient	Marisa, a 25-year-old G2 P1 with Gestational Diabetes Mellitus previously treated with oral medications, was on insulin injections during her pregnancy with fairly good blood sugar control. She had an uncomplicated VBAC yesterday for an 8# 4oz baby girl. She had an insulin drip during labor.
Current Pregnancy	37 weeks 2 days
Chief complaint	She had an induction of labor. Blood sugar on admission yesterday was 120.
Past Medical Hx	Treated for pre-eclampsia with previous pregnancy. Previous cesarean section for breech.
Current pertinent medications	Patient has not taken Insulin since delivery.
Vital signs	Time: 2000 • T 37.2 • HR 102 • RR 18 • BP 130/76
a) Goal = Maintain normal blood glucose **b) What is your plan for next steps in care?** **d) What orders can you anticipate receiving?**	
Newborn Care	• Tell me about what you can expect you will be doing for newborn care? ○ Continue hypoglycemia protocol as indicated