

Case Study

**Pregnancy Complication
PRETERM LABOR**

Patient	A.Young 29 year old
Current Pregnancy	G1 P0 29 weeks and 3 days Contractions q 3 minutes Duration 20-30 seconds FHT 135 for the first 30 minutes after admission Pain rate: 6
Past Medical Hx	None
Vital signs Time: 0900	T: 37.6 P: 86 R: 20 BP: 106/66
<p>a) What are your questions for this patient?</p> <ul style="list-style-type: none"> ○ When did your contraction begin? ○ How long have your contraction been painful ○ Have you had a sudden gush of fld.? ○ Why? ○ It is important to establish timing of contraction. ○ Based on research 30% of preterm labor resolves spontaneously and 50% deliver at term who are hospitalized. <p>b) What are your priorities for care?</p> <ul style="list-style-type: none"> ● FHR and contraction assessment ● Contact the provider ○ Why? <p>c) What is your plan for next steps in care?</p> <ul style="list-style-type: none"> ○ Start IV for possible fluid bolus ○ Antibiotic Therapy ○ Why? <p>d) What orders can you anticipate?</p> <p>a) Antibiotic Therapy</p> <ul style="list-style-type: none"> ○ Tocolysis 	

- Administration of Magnesium Sulfate

Why?

e) What findings or changes would make your worry?

- Cervical change

- Why?

f) What findings would make you call the provider immediately?

- Cervical change

Why?