

# PRESCRIPTION OPIOIDS

**OPIOIDS INCLUDE HYDROCODONE, OXYCODONE, MORPHINE, FENTANYL AND CODEINE PAIN MEDICATIONS.**

Before being prescribed an opioid, talk to your medical provider about the risks and ask whether non-opioid pain treatment options may be effective. If prescribed an opioid, keep yourself, your family and your community safe:



**SECURELY STORE** opioids out of reach of children and others who may misuse them. Dispose of unused opioids.



**PROPERLY DISPOSE** of your unused medication at a drug take-back event or with a medication disposal bag that is specially designed to deactivate opioids.



**DON'T SHARE** your pain medication with family, friends, or anyone at all. It may cause addiction, trouble with the law, overdose and death.



Learn how to prevent opioid misuse and addiction at [opioids.alaska.gov](https://opioids.alaska.gov)

# TALK TO YOUR MEDICAL PROVIDER.

Your medical provider cares about your health and safety. If you're in pain, you'll work together to determine the best possible treatment for your condition.

## Be sure to talk about:

- Medications, alcohol and other substances you are using
- Known risk factors for addiction you may have (such as a family history of addiction)
- Ask about non-opioid options that may work for you

## If you're prescribed an opioid by your provider:

- Learn how to use your medicine exactly as prescribed
- Ask how to safely start and stop using opioids
- Ask about side effects and risks associated with your prescription
- Call your provider if you have difficulty stopping the use of an opioid