

PREPARING FOR AN ACTIVE SHOOTER



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Disclaimer

- ⦿ Swedish Medical Center and its affiliates are not responsible for the actions or training in which you decide to adhere to at your workplace.
- ⦿ The representative today is solely discussing what they teach to staff at their facilities.
- ⦿ Please look at conducting the best training you feel fit for your individual workplace to best capture the most effective way in which to stay safe in these types of events.

Prevalence of Active Shooters



Sandy Hook Elementary Shooting

December 14, 2012. 20 year old Adam Lanza shot and killed twenty children and 6 adults. Children were between the ages of 5 and 6 years old. Lanza committed suicide after the shootings.

Columbine High School Shooting

April 20, 1999. Eric Harris and Dylan Klebold shot and killed 12 students and one teacher before taking their own lives.

Virginia Tech Shooting
April 16, 2007. Seung-Hui Cho shot and killed 32 people. It was the worst act of mass murder of college students since 1927 and the Bath School Disaster. Cho committed suicide at the end of the deadly rampage.

December 1, 2013- Man dies, woman wounded in Springfield, Mo. hospital.

December 18, 2013 – Gunman kills 1 and fatally shoots self in Reno hospital spree.

January 5, 2014 – Gunman kills himself after assaulting 2 nurses with his gun and asking them “if they want to die today”.

October 31, 2015- Gunman kills 7 and injures 9 at a Planned Parenthood Clinic

December 2, 2015- Two gunmen, and possibly third attacked a holiday party. 14 killed and 17 injured.

Scenario 1: The Untrained



Questions...

- ⦿ Did you get hit?
- ⦿ How do you feel?
- ⦿ What would you do different next time?

Why are we here today?

“Chaos, panic and fear can only be minimized - never eliminated - when it is preceded by preparation and planning.”

Capt. George Deuchar, Law Enforcement Training Consultant, 9-1-1Magazine.com

Run Hide Fight

<https://youtu.be/5VcSwejU2D0>

Who has the advantage?



What does an active shooter look like?

- Meet Grace...
- Been with company 15 years
- Not many promotions
- Upset with perceived slights
- Getting a divorce
- Just lost her mom recently
- Made threats to co-workers about wanting to die and take the whole company with her
- Will be laid off on Friday
- Concerns?



Workplace Violence Prevention

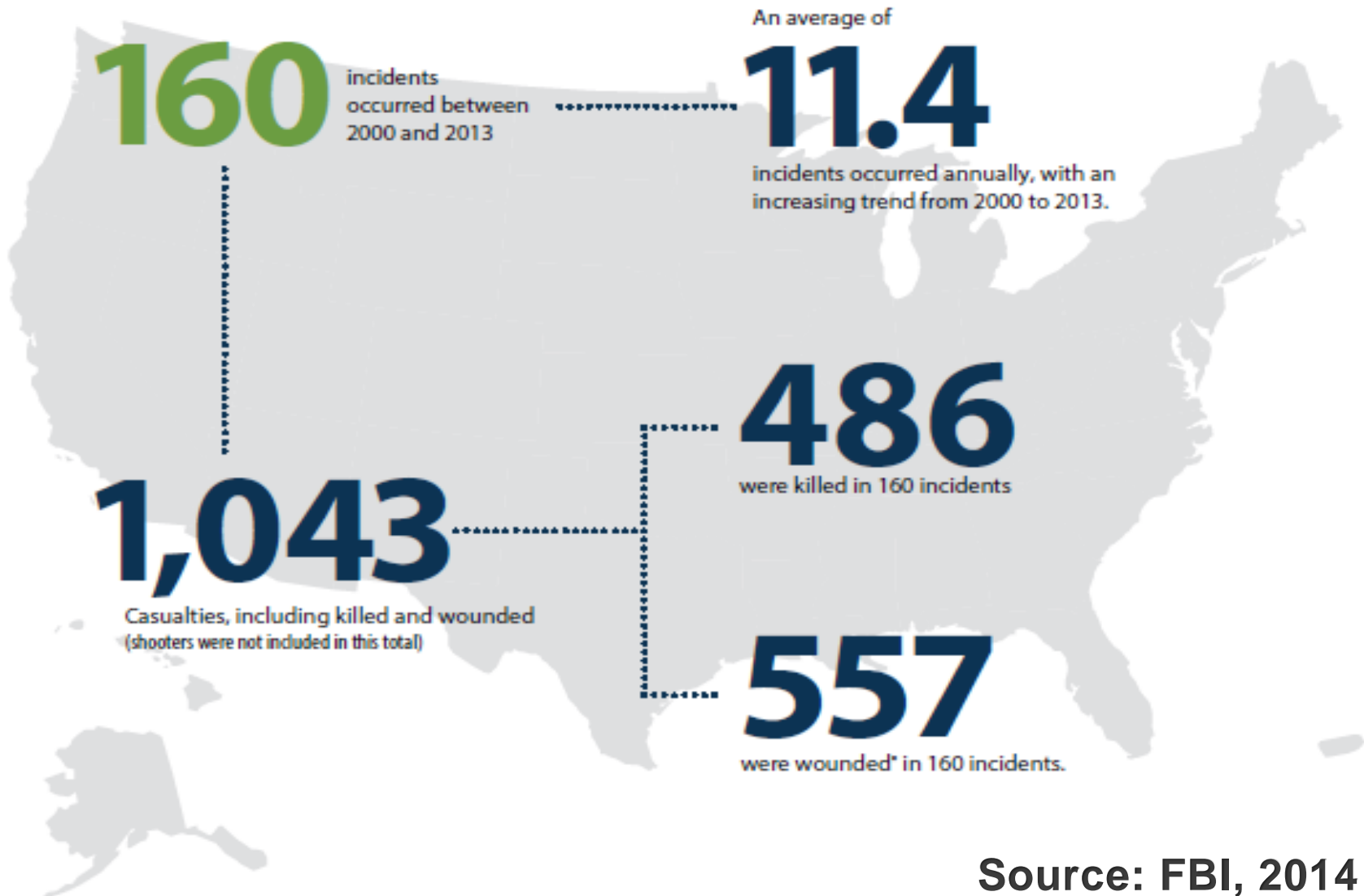
- ⦿ Washington State Law
 - RCW 49.19. (specific to healthcare)
 - WAC 296-800-11010
 - Do everything reasonable necessary to protect the life and safety of your employees.
- ⦿ What are you doing to prevent workplace violence on your job sites?
- ⦿ Look at key themes around workplace violence.
- ⦿ Educating your employees around workplace violence.
- ⦿ Do you take “threats” seriously at your place of employment?

FBI Active Shooter Statistics

- 486 people have been killed in the last 13 years during active shooter events, with 366 of the deaths occurring in the past 7 years.
- The above statistic does not include Domestic Violence or Gang Shootings
- In 44 of the 64 cases in which the FBI was able to determine the length of the shooting, the gunfire lasted less than 5 minutes.
- FBI statistics show that an active shooter event from start to finish is approximately 12-15 minutes. By this time the shooter is most likely either dead by their own hand or the police.

Snapshot

The following characteristics of the 160 active shooter incidents identified between 2000 and 2013 are noted:



FACT:

- King County Sheriff John Urquhart stated that: Ref. KIRO News 12/10/2015.
- 1.) Work places should train and practice dealing with an active shooter.
- 2.) “The active shooter is there to kill people, you have to protect yourself because we’re not going to be there in time”.

4 A's...

- **Accept:** Accept what you hear/see as reality. If you think your heard gun shots, then *accept* that it could be gun shots and take action.
- **Assess:** Assess the environment, what do you see or hear? Where is the shooter? Is he/she located in one area or moving around? etc.
- **Act:** Act for safety! Avoid/Run, Barricade/Hide, fight/counter
- **Alert:** Alert others for help! Call 911 “when safe to do so” be as specific as you can with the dispatcher, i.e. number of shooters, direction travel, even what type of weapon(s) they may be using, if you know this information, the more info the better.

Scenario 2: The Trained



Who is waiting for you tonight?



Go home to your loved ones!

